



Treatment Court Participant Manual

Breaking the
Cycle of Addiction

*This manual is intended to be used as a general guide for Participants approved for Treatment Court. It is not intended to answer specific questions regarding your case, your Conditions of Supervision, or your treatment obligations. Please contact the Treatment Court Probation Officer or the Specialty Court Coordinator if you have specific questions.

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What is Treatment Court?

The Centre County Adult Treatment Court is a specialty court targeting nonviolent individuals having criminal offenses that are drug/alcohol related and/or driven by substance use disorders. The Adult Treatment Court is a non-adversarial program addressing the specific treatment and ancillary needs of individuals placed in the program, while at the same time holding Participants accountable for their actions. It is a post-plea, post-adjudication program targeting individuals facing revocation of their Probation, Probation with Restrictive Conditions (PRC), and/or Parole sentence.

The Centre County Treatment Court Program has two tracks. The first is the Probation with Restrictive Conditions Track for individuals who may be incarcerated and facing revocation of their Probation or a previous sentence of Probation with Restrictive Conditions and who are PRC eligible. The second is a Reentry Track for individuals who are currently incarcerated and are facing revocation of their Parole, and who have a minimum of 20 months remaining on their original sentence.

Program Length

The Treatment Court Program consists of five phases that Participants must progress through, with the last phase being a Pre-Graduation Phase. Each of the first four phases is a minimum of four months in length, though the length of time in each phase could be longer depending on the Participant's ability to successfully achieve program goals and remain drug/alcohol free.

Following successful completion of Phase 5, Participants will graduate from the Treatment Court Program. The overall length of the program will range from 18-21 months for most Participants.

Program Costs/Fees

- Court Costs: Varies
- Electronic Monitoring via the TAD monitor: \$50 installation fee plus \$12.00/day
- Supervision Fees: \$30.00/month
- Drug/Alcohol Testing Fee: \$16 and up
 - This fee will be added when a urine sample tests positive and/or the urine sample has to be sent to a laboratory for confirmatory testing and the results are confirmed as positive
- *The costs/fees listed above are estimated, and may vary from case to case

Treatment Court Sessions

Treatment Court is held every other Thursday at 9am in Courtroom #1 at the Centre County Courthouse, unless otherwise instructed.

During the first three phases of the Treatment Court Program, Participants are required to appear for a Treatment Court every other week. During Phase 4 and Phase 5, Participants will be required to appear for the first Treatment Court session of each month; unless instructed otherwise. Treatment Court proceedings will not be held on the record unless there is a sentencing, revocation hearing and/or when a sanction is imposed.

Courtroom Etiquette

Treatment Court Participants are required to appear on time for Treatment Court. Reporting late to a Treatment Court session may result in a violation. Participants and their guests are asked to observe the following rules regarding Courtroom etiquette when they appear before the Court:

- Dress Appropriately. Hats and shirts with inappropriate logos are not acceptable
- All cell phones and other electronic devices must be turned off before entering the Courtroom
- No recording devices are permitted in the Courtroom
- No food or beverages are permitted in the Courtroom
- Once in the Courtroom and Court has started, remain seated and quiet until your name is called
- Children that require immediate supervision are not to be brought to court sessions. Exceptions will be made for special events and/or graduations
- Everyone is to stand when the Judge enters the Courtroom
- Always be respectful to the Judge; address him or her as “Your Honor” or “Judge”

Phases of Treatment Court

Phase 1

Time Frame: Minimum of four months with the first 45 days to be spent on Electronic Monitoring via the TAD (Transdermal Alcohol Detection) monitor (length of time differs upon individual progress)

- 10pm curfew
- Appear for Treatment Court every other week
- Comply with all recommended treatment
- Meet with Treatment Court Probation Officer and Case Manager as directed
- Attend 12-Step or other Sober Support Meetings and complete meeting verification:
 - Complete ninety meetings in ninety days (90/90-one meeting per day)
 - Attend a minimum of five meetings per week following completion of 90/90
- Comply with drug/alcohol testing: minimum of three times per week
- Remain offense free
- Complete mandatory journal entries
- Comply with payment contract

Advancement Criteria:

- Complete a minimum of 45 days of Electronic Monitoring via the TAD
- Complete 90/90
- 30 days of uninterrupted sobriety at the time of application
- 14 days violation/sanction free at the time of application
- Complete application for phase advancement

Phase 2

Time Frame: Minimum of four months (length of time differs upon individual progress)

- 10pm curfew
- Appear for Treatment Court every other week
- Comply with in all recommended treatment
- Meet with Treatment Court Probation Officer and Case Manager as directed
- Attend 12-Step or other Sober Support Meetings and complete meeting verification:
 - Attend a minimum of five meetings per week
- Obtain or maintain employment, schooling and/or community service
- Comply with drug/alcohol testing: minimum of three times per week
- Remain offense free
- Complete mandatory journal entries
- Comply with payment contract

Advancement Criteria:

- 60 days of uninterrupted sobriety at the time of application
- 14 days violation/sanction free at time of application
- Complete application for phase advancement

Phase 3

Time Frame: Minimum of four months (length of time differs upon individual progress)

- 11pm curfew
- Appear for Treatment Court every other week
- Comply with all recommended treatment
- Meet with the Treatment Court Probation Officer and Case Manager as directed
- Attend 12-Step or other Sober Support Meetings and complete meeting verification:
 - Attend a minimum of four meetings per week with no more than 2 days between meetings
- Maintain employment, schooling and/or community service
- Comply with drug/alcohol testing: minimum of two times per week
- Remain offense free
- Complete mandatory journal entries
- Comply with payment contract

Advancement Criteria:

- 60 days of uninterrupted sobriety at the time of application
- 14 days violation/sanction free at time of application
- Complete application for phase advancement

Phase 4

Time Frame: Minimum of four months (length of time differs upon individual progress)

- 11pm curfew
- Appear for Treatment Court: first session of the month unless otherwise instructed
- Comply with all recommended treatment
- Meet with the Treatment Court Probation Officer and Case Manager as directed
- Attend 12-Step or other Sober Support Meetings and complete meeting verification:
 - Attend a minimum of three meetings per week with no more than 2 days between meetings
- Maintain employment, schooling and/or community service
- Comply with drug/alcohol testing: minimum of one time per week
- Remain offense free
- Complete mandatory journal entries
- Comply with payment contract

Advancement Criteria:

- 90 days of uninterrupted sobriety at the time of application
- 14 days violation/sanction free at the time of application
- Complete application for phase advancement

Phase 5 (Pre-Graduation)

Time Frame: Minimum of two months (length of time differs upon individual progress)

- Appear for Treatment Court: first session of the month unless otherwise instructed
- Comply with all recommended treatment
- Meet with the Treatment Court Probation Officer and Case Manager as directed
- Attend 12-Step or other Sober Support Meetings and complete meeting verification:
 - Attend a minimum of three meetings per week
- Maintain employment, schooling and/or community service
- Remain offense free
- Complete mandatory journal entries
- Comply with drug/alcohol testing
- Comply with payment contract

Graduation Criteria:

- Minimum of 5 months of uninterrupted sobriety at the time of application for graduation
- 60 days violation/sanction free
- Complete application for graduation which includes an on-going sobriety plan from treatment provider

Post-Graduation Supervision

In some cases, after graduating from the Treatment Court Program Participants may have a period of time remaining on their sentence. If that is the case it should be made clear to Participants that they will continue under the supervision of the Centre County Probation/Parole Department until their maximum sentence has ended. Any violations during that time could result in revocation proceeding.

Program Incentives and Sanctions

The Treatment Court utilizes a variety of incentives and sanctions to promote positive change and modify Participant behavior.

Incentives:

The Treatment Court Team has developed incentives and rewards to encourage the Participant as he/she progresses through the Treatment Court Program. Potential incentives may include but are not limited to the following:

- Judicial Praise/Approval
- Books
- Travel Permission
- Gift Cards
- Personal Rewards Related to Interests
- Relaxed Curfew

Sanctions:

Treatment Court Participants are expected to comply with all aspects of the program. Failure to follow the rules of the Treatment Court Program will result in progressive sanctions, which ultimately could lead to termination from the program. If terminated from the Treatment Court Program, the Participant may be re-sentenced to a period of incarceration. Potential sanctions may include but are not limited to the following:

- Writing Assignment
- Written Warning
- Community Service
- Restart Phase/Phase Demotion
- Postponement of Graduation
- Incarceration

Treatment Court Supervision

The size of the Treatment Court caseload will be closely monitored in order to assure the necessary supervision levels and contacts, and strive to maintain an active caseload of no more than 25 individuals. Participants are required sign all rules and conditions of the Centre County Probation and Parole Department and the Treatment Court Program. The supervision level and number of contacts required for effective supervision are developed in order to define a level of supervision that offers public protection, and appropriate support/level of monitoring of the Participant.

Drug/Alcohol Testing Protocol

All Treatment Court Participants are required to submit to random drug testing which may consist of urine tests, blood tests, breath tests, saliva tests, sweat/perspiration tests and any other tests as utilized by Treatment Court Staff. Scheduling of drug tests is handled by an application that randomly selects Participants for testing so that each Participant has an equal chance of being tested on any day of the week including weekends. Failure to call in each day as required and/or failure to report during the designated time window will be considered a violation of the Treatment Court Program.

Urine tests will be observed by a Probation/Parole Officer to ensure that there is no tampering with the sample provided. Any attempts by a Participant to dilute or adulterate a urine specimen, or to otherwise attempt to hinder or impede any drug test will be considered a serious violation of Treatment Court Rules. Flushed or adulterated urines are unacceptable and is considered a violation. Participants shall not obtain and/or possess any device or product that may assist in changing, altering or modifying a urine sample. Any violations of these types, at a minimum, will result in a significant sanction, up to and including a period of incarceration or termination from the Treatment Court Program.

When asked for a urine sample, Participants are required to produce a urine specimen of sufficient quantity and quality for testing within a one-hour time period. Failure to do so will be considered a violation of the conditions of the Treatment Court Program.

Samples may be submitted for analytical confirmation testing by a qualified laboratory, as deemed necessary by the Probation and Parole Department. Participants may request a positive sample be sent for confirmatory testing. If the test is positive, the cost of that test is the responsibility of the Participant.

Treatment Court Case Management

Centre County Drug and Alcohol has a designated Treatment Court Case Manager, who provides comprehensive case management services to participants in the Treatment Court Program.

The Treatment Court Case Manager provides the following services:

- Assessments
- Service Planning
- Service Linkage/Referrals
- Monitoring
- Client Advocacy (does not include legal representation)

Treatment Services

The Treatment Court Case Manager will conduct an assessment(s) to determine a starting point for drug and alcohol treatment. This may include any of the following:

Detox: The supervised withdrawal from the drug(s) of dependence, lasting 5 to 7 days.

Residential Services: Inpatient residential treatment and rehabilitation services for individuals with a substance use disorder in a supportive environment. In addition to substance use disorder treatment, emphasis is placed on protective and supportive elements of family living, and encourages and provides opportunities for independent growth and responsible community living. Typical length of stay is 4 to 12 weeks.

Hospital-Based Rehabilitation: Provides 24-hour medically directed evaluation and detoxification from drugs of abuse in a hospital setting. This option is considered for individuals with significant medical concerns.

**Unless special circumstances exist, time spent in detox, residential and/or hospital-based treatment will not count toward the required length of participation in any of the Treatment Court Phases.

Outpatient: Individual and/or group psychotherapy for up to 9 hours per week.

Intensive Outpatient: Individual and group psychotherapy at a higher frequency, usually 9-20 hours per week.

Partial Hospitalization: This is the highest level of outpatient treatment, using a variety of therapies in a structured format. This program is a minimum of 20 hours per week.

Medication-Assisted Treatment

Medication-Assisted Treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a “whole-patient” approach to the treatment of substance use disorders (www.samhsa.gov). MAT is an evidence-based, effective strategy in meeting the needs of individuals with opiate use disorders and alcohol use disorders.

Individuals who are on an MAT protocol through an approved clinical program will not be denied application to the Centre County Treatment Court Program. Participants will also not be required to receive MAT as a condition of being in the program. All decisions related to the use of MAT will occur between the individual and their prescribing physician.

Recovery Support Services

In addition to treatment and Case Management Services, recovery support services are also available to all participants in the Treatment Court Program. These services include:

12-Step and Sober Support Services: Centre County has a variety of options available in communities throughout the county. These programs include (but are not limited to) Alcoholics Anonymous, Narcotics Anonymous, Celebrate Recovery, and SMART Recovery. Each program offers a different approach to behavioral changes that support a life without the use of alcohol and other substances.

Participants are required to participate in 12-Step or other Sober Support Meetings as part of the Treatment Court Program. This starts with 90 meetings in 90 days (90/90). These programs are peer-led, designed to provide the individual with a recovery-oriented support network – others who are also working a path to long-term recovery.

Certified Recovery Specialist (CRS): A CRS is an individual with lived experience, who has now received formal training to help others move into and through the recovery process. They will work closely with the individual to connecting them to the recovery community, as well as helping them to build life skills and connect with other community resources that will assist them with their goals toward long-term recovery.

Post-Treatment Court Services

Individuals who are in need of treatment, Case Management, and/or recovery-support services after they complete their participation in the Treatment Court Program may continue to access those services through support from the Centre County Drug and Alcohol Office. Help is only a phone call away.

Ethics and Confidentiality Statement

Pennsylvania's confidentiality laws are more stringent than federal requirements and restrict the transfer of certain types of information between treatment agencies and the criminal justice system. Treatment Court Participants will need to sign appropriate release of information forms in order to participate in the Treatment Court Program. In addition, treatment providers and program staff will be required to sign an Acknowledgement of Confidentiality form with regard to Participant records.

Although Treatment Court proceedings are open to the public, safeguards will be implemented to ensure the privacy and security of records and Participant information. The Treatment Court Team agrees that a positive drug test or an open court admission of drug use will not result in the filing of additional charges based on that admission. As with recovery support meetings, Participants are encouraged not to break anonymity or disclose any information obtained during Treatment Court proceedings.

Important Contact Information

<u>Name</u>	<u>Address</u>	<u>Phone</u>
Julie Seroski Specialty Court Coordinator	Courthouse Annex Bellefonte, PA 16823	814-355-6771 814-404-1573
Casey Glasgow Treatment Court Probation Officer	Courthouse Annex Bellefonte, PA 16823	814-355-6771 814-810-8298
Jennifer Booher Treatment Court Case Manager	3500 E College Ave, Suite 1200 State College, PA 16801	814-355-6782 814-571-0620
District Attorney's Office	Courthouse Annex, 3 rd Floor Bellefonte, PA 16823	814-355-6735
Public Defender's Office	Courthouse Annex, Room 202 Bellefonte, PA 16823	814-355-6798
Centre County Transportation 6807	Iddings Street Milesburg, PA 16853	814-355-
Centre County Housing Authority	602 E. Howard Street Bellefonte, PA 16823	814-355-6750
Centre County MH/ID	3500 E. College Ave State College, PA 16801	814-355-6782
Centre County Office of Adult Services	3500 E. College Ave State College, PA 16801	814-355-6768
Centre County Children & Youth	420 Holmes Street Bellefonte, PA 16823	814-355-6755
Court Administration	Courthouse, Room 103 Bellefonte PA 16823	814-355-6728
Centre County Correctional Facility	700 Rishel Hill Rd Bellefonte, PA 16823	814-355-6794
PA CareerLink-Centre County	240 Match Factory Place Bellefonte, PA 16823	814-272-5465
Centre Area Transportation Authority (CATA)	108 E. Beaver Ave State College, PA 16801	814-238-2282